FAITH FORMATION RESOURCES for the THIRD SUNDAY after the EPIPHANY





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Peace,

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THIRD SUNDAY after the EPIPHANY

Directions: Read the scripture selected from the Revised Common Lectionary, perhaps before bed, in the morning, or during a family meal. Move through the discussion questions in one sitting or answer one a day to help reflect on the scripture throughout the week. End your time in prayer. This could be a simple ritual to incorporate into the week.

MARK 1:14-20

Now after John was arrested, Jesus came to Galilee, proclaiming the good news of God, and saying, "The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news."

As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea—for they were fishermen. And Jesus said to them, "Follow me and I will make you fish for people." And immediately they left their nets and followed him. As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. Immediately he called them; and they left their father Zebedee in the boat with the hired men, and followed him.

DISCUSSION QUESTIONS

- 1. When have you heard someone proclaim good news? What was the news?
- 2. What do you think Jesus means when he says, "I will make you fish for people?"
- 3. When have you followed someone else's lead?
- 4. Why do you think all these people stopped what they were doing to follow Jesus?

5. What qualities does a good leader have?

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FOLLOWING JESUS JOURNEY

Following Jesus in our daily lives can look like a lot of different things. Jesus said and did a lot of things we can also do. Here's a short, prayerful activity you can do around your living space:

- 1. Start off in your favorite place. Get into a comfortable position. Think about how you are connected to Jesus. Out loud or in your head, say this Bible verse: "Abide in me as I abide in you." (John 15:4)
- 2. Move to a place where you work/learn. Get into a comfortable position. Think about how we are taught by Jesus and called to teach others. Out loud or in your head, say this Bible verse: "Every day he was teaching in the temple." (Luke 21:37)
- 3. Move to a place where you eat/drink. Get into a comfortable position. Think about how we are fed by Jesus and called to feed others. Out loud or in your head, say this Bible verse: "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." (John 6:35)
- 4. Move to a place where you pray. Get into a comfortable position. Think about how Jesus made time to pray and we can too. Out loud or in your head, say this Bible verse: "While it was still very dark, he got up and went out to a deserted place, and there he prayed." (Mark 1:35)
- 5. Finally, move to a place where you rest. Get into a comfortable position. Think about how Jesus often rested and we can too. Out loud or in your head, say this Bible verse: "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest." (Matthew 11:28)

PRAYER

God of Good News, you bring us out of the ordinary into the extraordinary. You call us to be a part of your work and share your love. Help us follow your lead and bring good news to all those around us.

Amen.

